

IOWA STATE UNIVERSITY

Thielen Student Health Center

**PHYSICAL THERAPY
AND SPORTS
MEDICINE**



CycloneHealth.org

keeping campus healthy

PHYSICAL THERAPY AND SPORTS MEDICINE

Whether you're recovering from a surgery or simply had an injury, physical therapy and sports medicine rehabilitation services are available at the health clinic. Students, faculty, and staff members benefit from the hands-on techniques and cutting-edge equipment provided by the licensed physical therapy staff.

Student Health offers physical therapy services designed to aid in the rehabilitation of students who have suffered injury or illness, including sports injuries. The physical therapy and sports medicine department is located on the second floor of Thielen Student Health Center.

Common ailments that would benefit from physical therapy services include:

- Knee injuries
- Shoulder injuries
- Post-surgical rehabilitation
- Foot and ankle injuries
- Hip injuries
- Neck and back pain
- Wrist and hand problems
- Graston soft tissue mobilization
- Trigger point dry needling

APPOINTMENTS

To schedule an appointment, please call **(515) 294-2626**. When you call for an appointment, be specific about your needs so that we can schedule you with the appropriate healthcare provider for the appropriate amount of time.



(515) 294-2626