



JIM NESPOR, PT, ATC

Joined TSHC in August 1990

JIM NESPOR, PT, ATC, grew up in Fairbury, Nebraska, just southwest of Lincoln. Jim was drawn to Thielen Student Health Center by the thought of helping healthy, motivated students return to a variety of everyday activities including work and intramural sports.

Jim came to Iowa State after holding a similar position at Purdue University. His expertise and familiarity with students shows in his approach to student health. He strives to give each patient a physical therapy program tailored specific to them and their injury so they recover as quickly and fully as possible.

Jim and his wife live in Ames with their son and daughter. In his spare time you can find Jim watching Cyclone sports, working out or riding his bike. He especially likes to tinker with cars.

IOWA STATE UNIVERSITY
Thielen Student Health Center

SPECIALTY

Physical Therapy

AREAS OF EXPERTISE

Orthopedics, Sports injuries, Post-surgery rehab,
Graston Certification, Dry Needling Certification

EDUCATION

University of Nebraska, Lincoln, NE

BS Athletic Training

University of Arizona, Tucson, AZ

MS Athletic Training

University of New Mexico, Albuquerque, NM

MS Physical Therapy

CREDENTIALS

Physical Therapy/Athletic Trainer

INTERNSHIPS

Kansas City Chiefs Athletic Trainer

Olympics (1996) – Boxing Venue Physical Therapist

United States Olympic Committee

US Anti Doping Agency- Drug Tester

PERSONAL INTERESTS

Exercise

Cycling

Car restoration

“I really enjoy being able to work in the college setting and with college-aged students. My favorite thing about working in Ames and at Iowa State University is the people and patients I get to work with every day.”

2647 UNION DRIVE

Corner of Sheldon & Union

Across from State Gym

(515) 294-5801

