



AMY NAVRKAL, ARNP

Joined TSHC in January 2016

AMY NAVRKAL, ARNP, grew up in central Iowa. Amy wanted to come to Iowa State and work with the student population since most students are learning to navigate the health care system on their own for the first time. She enjoys having the time to educate and empower them to be knowledgeable about their own health.

As a former Iowa State student, Amy draws on her own experiences as a student when treating her patients. This is a unique time in their life and she wants to do whatever she can to help them stay healthy so they can be successful here.

Prior to coming to Thielen Student Health Center, Amy was a flight nurse.

Amy and her husband have two boys. She enjoys biking, boating and basically any activity they can spend time as a family outdoors.

IOWA STATE UNIVERSITY
Thielen Student Health Center

SPECIALTY

Primary Care

EDUCATION

Iowa State University, Ames, IA

BS Biology

Grand View University, Des Moines, IA

BS Nursing

University of Cincinnati, Cincinnati, OH

MS Nursing

BOARD CERTIFICATION

Advanced Family Nurse Practitioner

Family Medicine

PERSONAL INTERESTS

Reading

Biking

Cooking

“I enjoy working with students and equipping them to manage health care problems and achieve a healthy lifestyle.”

2647 UNION DRIVE

Corner of Sheldon & Union

Across from State Gym

(515) 294-5801

